

## Who we are

Music 4 U is a non-profit making organisation with charitable status formed in 2005.

- We offer socially inclusive music, and music related projects to children and young people from a wide variety of backgrounds and abilities. Our services are designed to include those from areas of financial deprivation, those with additional support needs, or those who are socially challenged.
- Our aim is ***to promote equal opportunities and social inclusion, and to encourage - through music - the enhancement of children and young people, without prejudice.***
- Apart from an opportunity to practice social skills and feel part of a team, having fun with music and performance raises confidence and self-esteem. This gives youngsters a sense of purpose that leaves them feeling good about themselves.

***"Music fills the infinite between two souls"***  
Rabindranath Tagor

Music 4 U founder and Creative Director:

Debbie Kirkness

Musical Director:

Sarah Littlejohn

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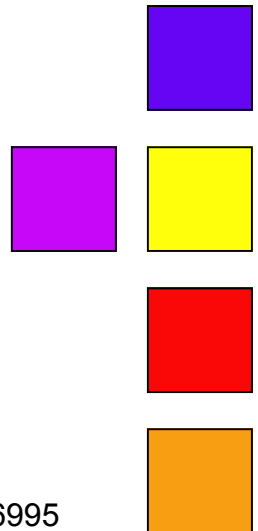
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**Music 4 U**  
music making a difference



Registered charity SCO 36995

## What we provide

### Youth Chorus

This is a weekly singing group for up to 50 young people who perform publically every 18 months or so at events in Aberdeen and across Scotland.

### Happy Feet

These school holiday workshops in Aberdeen cover song, dance, rhythm and musicality. Working alongside other children and young people's services, these workshops are open to any young person, **regardless of ability**.

### Annual Charity Showcase

This is staged in Aberdeen and gives everyone the opportunity to perform in front of an audience - some for the very first time. We also perform snippets of the showcase in front of children who, because of illness or disability, cannot attend performances at public venues. E.g. The Children's Hospice, Kinross.

### Outreach Projects

These may be provided on a short term basis, such as Community Music Groups.

### Bonne Accordia

Our youth girl band now producing CDs.

### Timeless Theatre Productions

Some of our children get the chance to audition for this professional production company, with participants selected based on their ability.

### Children Helping Children

Through various music projects and fundraising activities, Music 4 U supports other charities, such as organizations who work with autistic children and young people.



Youngsters who have ASD benefit enormously from music and music related therapies. Many have exceptional singing voices.

### Volunteering Opportunities

We offer excellent volunteering opportunities for over 16y olds . Not only is this of use as a means of personal growth, but can be quoted on later CVs and may fulfill the requirement of the Community Service element of the Duke of Edinburgh Award.

## How you can support us

- Become a Friend of Music 4 U by subscribing annually to our quarterly newsletter.
- Lend us a hand: We always appreciate the hard work done by our team of volunteers in offering us their time and skills in music, sewing, driving, office work, raising funds, financial and legal expertise, helping to organize children at events.
- Corporate financial support



Find out more about our organisation at [www.m4u.org.uk](http://www.m4u.org.uk) or if you prefer, phone us on 01224 467404